TO NORTHGATE, BACK TO KALEYARD, FROM THERE TO EASTGATE CLOCK AND BACK TO ABBEY SQUARE TWENTY-SECOND JULY 2018

Pigeons are circling as shadow spikes and grids from fences are thrown across the path in the sun. Bells are tumbling and shifting the air with their carillons. Moss and lichen spot stones scarred with chisel marks, made by hands of those dead long ago. Warmth bounces from the flags as sunflowers nod in Deans Field where people wait for falcons. I think of boys in cricket whites killed during the Great War. Cornflowers and marigolds bright by King Charles Tower. The canal, turgid brown, bends round the wall. There are no reflections. Voices around me belong to those who are not from here. I walk in others' steps from years before. The Bluecoat bell strikes. In the distance. Welsh hills shimmer. Northgate is bustling today, no hangings or heads on pikes. I meet a Venetian lady looking for the river and I think of Romans. A man and his falcon cross Deans Field, the bird hooded. Light and shade, dark leaves dancing. I can see in to and out of the city from here. The Shot Tower tops the roofs, home to peregrines. A huge tree by the wall hung with apples of deep maroon.

Back to Kaleyard Gate, towards the cathedral, I see its square tower, gothic spires and frieze of clover leaves in stone. Snail trails graffiti the walls with silver. The bells are loud, chasing, filling the ears. Many people are walking between red brick buildings with tall chimnevs and a slate-roofed turret. Litter lines the path as people pose for selfies under Eastgate Clock. Its red, blue and gold shining against Wales smudged in haze. In a quiet corner, an artist works in shade, his back to the path. I hear voices – German, Japanese, Italian. The Bell Tower's now silent. I imagine it's like a Roman watch tower but do not know. I feel people walking beside me, not all in my sight. A lady in pale rose reads a history board. Her ashen chignon shines with pink rhinestones, pricked by flowered sticks like those of Geisha in Japan. Leaving the walls for Abbey Square houses press close to the street. I think of the Bishop behind the high walls of his palace. The cobbles are smooth from many feet, almost polished. I reach the Square and turn to the Retreat House.

J Bronnert